

Im the binge-drinking health reporter. During the week, I write about Australias booze-soaked culture. At the weekends, I write myself off. Born and raised in Scotland, the home of whisky, Jill Stark had booze in the blood. Alcohol had dominated her social life ever since she had her first sip of lager, at 13. She thought nothing could curb her love of big nights. Then came the hangover that changed everything. In the shadow of her 35th year, Jill made a decision: she would give up alcohol. But what would it mean to stop drinking in a world awash with booze? This lively memoir charts Jills tumultuous year on the wagon, as she copes with the stress of the newsroom sober, tackles the dating scene on soda water, learns to watch football minus beer, and deals with censure from friends and colleagues, who tell her that a year without booze is a year without mates. In re-examining her habits, Jill also explores the global love affair with alcohol, meeting alcopop-swigging teens who drink to fit in, beer-swilling blokes in a sporting culture backed by booze, and marketing bigwigs blamed for turning binge drinking into a way of life. And she retraces her drinking steps to Scotland, where getting p***d is seen as a birthright. Will Jill make it through the year without booze? And if she does, will she go back to old habits, or has she called last drinks? This is a funny, moving, and insightful exploration of why we drink, how we got here, and what happens when we turn off the tap.

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: High Sobriety: My Year Without Booze (Audible Audio Trove: Find and get Australian resources. Books, images, historic newspapers, maps, archives and more. **Lunchbox / Soapbox: Jill Stark: High Sobriety: My — The Wheeler** Booktopia has High Sobriety, My Year Without Booze by Jill Stark. Buy a discounted Paperback of High Sobriety online from Australias leading online **High Sobriety: my year without booze eBook by Jill Stark - High Sobriety: My Year Without Booze by Jill Stark, Paperback** During the week, I write about Australias booze-soaked culture. High Sobriety. my .. Her first book, High Sobriety: My Year Without Booze is a best-selling **The Weekend Australian book review: High Sobriety by Jill Stark** Im the binge-drinking health reporter. During the week, I write about Australias booze-soaked culture. At the weekends, I wrote myself off. Booze has dominated **High Sobriety: My Year Without Booze: Jill Stark: 9781922070227** High sobriety : my year without booze /? Jill Stark. Also Titled. My year without booze. Author. Stark, Jill, (author.) Published. Melbourne, Victoria London Scribe **High Sobriety: My Year Without Booze: 9781922247032: Amazon** Jul 1, 2013 The Paperback of the High Sobriety: My Year Without Booze by Jill Stark at Barnes & Noble. FREE Shipping on \$25 or more! **High Sobriety: my year without booze - Books@Stones** Apr 10, 2011 For years I hadnt questioned my big weekends because it was the . tap had muted my personality but sometimes it felt that without booze Id **Could you manage a year without booze? This womans New Year** High Sobriety: My Year Without Booze [Jill Stark] on . *FREE* shipping on qualifying offers. Booze dominated Jill Starks social life from her first sip **High Sobriety: My Year without Booze by Jill Stark** • Listen to a free sample or buy High Sobriety: My Year Without Booze (Unabridged) by Jill Stark on iTunes on your iPhone, iPad, iPod touch, or Mac. **High Sobriety: my year without booze eBook: Jill Stark:** Feb 17, 2013 Read High Sobriety: my year without booze my year without booze by Jill Stark with Kobo. Im the binge-drinking health reporter. During the **High Sobriety: my year without booze by Jill Stark — Reviews** Dec 9, 2015 On the first of January 2011 Jill Stark woke up with the

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Year Without Booze is a bestselling memoir that was longlisted in the Walkley Book of the
Year Awards and shortlisted in the **High sobriety : my year without booze / Jill Stark. -**
Version details : High Sobriety: My Year Without Booze (Audible Audio Edition): Jill Stark,
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